

S Series



Life Fitness

S9i STAIRCLIMBER



Life Fitness

*The miracle isn't that I lost the weight.
It's that I started working out in the first place.*

When it comes to cardiovascular exercise, climbing stairs is far from new. But the Life Fitness S9i Stairclimber delivers stairclimbing workouts that take lower-body cardio exercise to a whole new level. This remarkably durable machine is the impressive home version of our proven health club stairclimber model. Its natural, independent IsoTrack™ climbing system is designed to tone your lower-body muscles without putting stress and strain on your joints—the perfect formula for people searching for health club-quality stairclimbing workouts in their own home. Whatever goals you have in mind, there is a path that makes it all worth it in the end.

Where does your workout take you?

The pinnacle performer

Take a closer look at the **S9i**, the home version of our popular health club model found in fitness facilities around the globe. Its sleek, user-friendly design, extensive biomechanical engineering, and compact footprint all come together to provide the ultimate lower-body cardio exercise in less than 11 square feet (1 square meter) of space. Once you experience the Life Fitness club-quality ingenuity, you'll know exactly why the **S9i** Stairclimber can be challenging without taxing your joints.



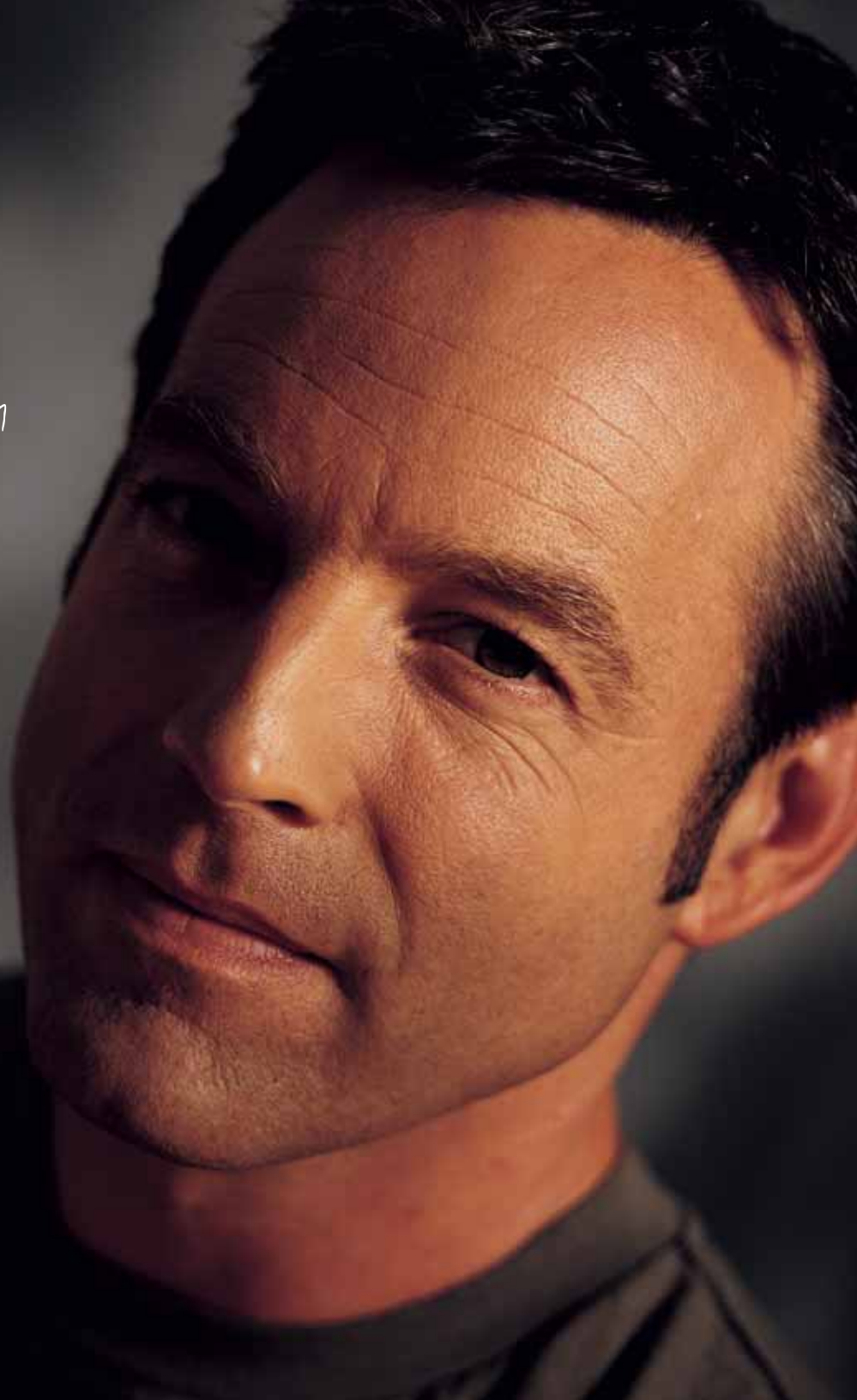
Highlighted Features

With 20 levels of resistance, the S9i provides enough possibilities to keep anyone motivated, whether you're just starting out or a veteran who enjoys a challenge. You'll instantly feel the natural stair-like progression, thanks to the ergonomically angled linear slide mechanism. The spacing between the pedals keeps your feet comfortably and correctly aligned with the rest of your body. All in all, the S9i's IsoTrack belt-drive climbing system is smoother, quieter, and cleaner than traditional, rust-prone, chain-driven systems.

S9i

- Health club model independent stepping action
- Smooth, durable IsoTrack™ belt-drive climbing system
- Ergonomically angled linear slide mechanism
- Polar® heart rate monitoring
- ErgoGrip™ soft handrails
- Optional upright bullhorn handlebars
- 18 pre-programmed workouts; 7 custom workouts
- Deluxe 16-character LED message center
- Workout Profile™ display with On-the-Fly programming

*At one time, I turned away
from challenges. Now I look
them right in the eye.*





Ownership Advantages

When you buy a product of this caliber, expect the best. We pour more time and energy into the things other companies take for granted. Biomechanics, product integrity, quality, force analysis, field research, technical optimization. These areas of development are invisible to our customers, but ensure that our equipment delivers the best possible workout experience for a lifetime of use. It's part of the assurance that comes with owning an S9i Stairclimber made by the manufacturer of the #1 brand of fitness equipment in health clubs worldwide.

Learn more about the advantages of ownership. Visit our website at LIFEFITNESS.COM.

Specifications

S-Series S9i STAIRCLIMBER

● Standard ○ Optional

S9i

HEART RATE MONITORING

Polar® telemetry heart rate monitoring (wireless chest strap included)

●

WORKOUTS

Number of workouts

18

Classic workouts: Hill, Random, Manual

●

Sport Training™ workout and EZ Resistance™ workout

●

Heart Rate Zone Training+™ workouts: Cardio, Fat Burn, Heart Rate Hill™, Heart Rate Interval™, Extreme Heart Rate™

●

Workouts Plus™ workouts: Around the World, Cascades, Foothills, Interval, Kilimanjaro, Speed Training, METs, Watts

●

My Workouts™ programs

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DISPLAY READOUT

Elapsed Time, Distance, Floors Climbed, Floors Per Minute, Level, Calories, METs, Watts

●

Heart Rate

●

DISPLAY TYPE

Workout Profile™ display with 7 x 15 LED segments showing workout progress

●

Workout feedback display: Deluxe 16-character LED message center

●

SPECIAL FEATURES

Frame: Steel frame

●

Pedals: 6" x 11" (15.25 cm x 28 cm) oversized, non-slip pedals with 2.5" (6 cm) spacing

●

Resistance levels: 20

●

Resistance system: 12-volt alternator

●

Stepping system: IsoTrack™ climbing system

●

Drive system: Two-stage poly V belt-drive system with cogged belt-drive pedal system

●

ErgoGrip™ soft handrails

●

Speed range: 2–13 floors per minute

●

Quick Start

●

On-the-Fly programming

●

Cool Down Mode

●

ACCESSORIES

Accessory tray/Heart rate kit

●

Reading rack

●

Bullhorn front handlebars

○

TECHNICAL SPECIFICATIONS

Maximum user weight

350 lbs
158 kg

Maximum step-up height

17.25"
44 cm

Unit length

48"
122 cm

Unit width

32"
81 cm

Unit height

64"
163 cm

Unit weight

155 lbs
70 kg

Power requirements: All major voltage configurations available

●

Safety: CE, CEN, CSA, TUV, UL certified

●

Warranties: Lifetime warranty on frame; 3-year on parts; 1-year on labor (Warranties outside the U.S. may vary)

●

Specifications are subject to change.

Life Fitness

Life Fitness offers a full line of premier fitness equipment for the home.

STAIRCLIMBERS | TREADMILLS | TOTAL-BODY ELLIPTICAL CROSS-TRAINERS | LIFECYCLE EXERCISE BIKES | GYM SYSTEMS

Where does your workout take you?



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